



GLOBAL TRUTHS OF LEADERSHIP

Leadership Lessons from Every Continent

Overview



Objectives

1

7 Global Truths

Review global leadership principles and discuss their impact on your individual leadership approach.

2

Evaluation and Reflection

Complete a self-assessment of your current performance for each global truth in order to identify strengths and areas of opportunity.

3

Application

Develop a custom action plan for applying your insights and learnings to enhance your personal leadership capabilities.

Key Decision

How will you stay true to your leadership truths?

What are your non-negotiable leadership truths? Capture them below.

Integrity



Key Takeaways



- Give your word
- Do what you say you're going to do
- Follow through and exceed expectations

Personal Reflection

Think of a time when you did not keep your word.

What was the impact of that situation?

Why were you unable to keep your word?

What might you have done differently?

What will you change moving forward?

Vision



Key Takeaways



- Know your people and understand how they need to connect to the vision
- Lead with milestones and calibrate regularly
- Be excited for the end goal, but don't forget to rest and replenish on the way.

Personal Reflection

What is your vision? Is it clear to you? Is it clear to the team?

How are you communicating the vision? Does it resonate with everyone?

Does each person know their specific role in achieving the vision?

What does success look like? Be clear.

Awareness



Highlights

Defense Mode

When we are “on the defensive,” we are no longer leading.

Steps to Right Our Wrongs

1. Own your actions and behavior
2. Ask for forgiveness
3. Ask, “What do you need me to give, say, or do for us to move forward?”

Reflection

Think of a time when received feedback you weren’t expecting.

How did you respond?

What was the outcome?

Looking back, would you manage the situation differently with what you know now?

Courage



Quiz

If you were on the side of a busy road with a **flat tire** and someone came to **help**, would you:

- A** Allow them to help you and stay next to them?
- B** Allow them to help, but stay at a distance where you could run away?
- C** Stay in your car and wait for cops to come?

Key Takeaways



- What you seek is what you get
- Courage is letting go of expectations and accepting what you're given
- Move past fear and frustration into action

Reflection

Think of a time you were immobilized by fear. Now think of a time when you acted through your fear.

What will you do to more consistently act through fear moving forward?

Courage



Fear and Fascination

Identify your fear

Move through fear into courage by exploring where fear and fascination overlap

Fill in the following statement:

I want _____, but I'm afraid _____.

Key Criteria

- Don't play with poison
- Be useful
- Steer through fear

Steer Through Fear

- 1. React:** Take time for an emotional response (curl up, cry, get angry, freeze up). The important thing is to move past this step. Give yourself 5 minutes—time it. Once the time is up, move on.
- 2. Plan your progress:** Take a deep breath and write down a step-by-step plan for approaching your goal. Figure out what it looks like when you are past the fear. What is your outcome? Don't worry about execution here. Your job at this step is to plan, not do.
- 3. Take one step:** Forget about the long term and take the first step. Make sure it's manageable.
- 4. Keep taking one more step:** Again, don't look at all the steps ahead, just take the next step. Before you know you will be further toward your goal than back toward the starting point.
- 5. Watch the path, not the obstacles:** Look where you want to go, not where you don't. Attention goes where energy flows. Be aware of obstacles, but don't get distracted by them.
- 6. Celebrate each step:** Each step you take it one step closer to moving through your fear. Celebrate your courage to take each step, no matter how small. This will help you to stay motivated to your end goal and make it a more positive experience, making it easier to move through the fear.

What is your first step to addressing your fear?



Definition

[ri-zolv]

firmness of purpose or intent; **determination**.

Key Takeaways



- It's not always easy to do what's meaningful
- Be intentional about who you are and what's important to you

Reflection

Think of something that is extremely meaningful to you.

Are there times when you compromise on this thing? If so, what were/are the circumstances?

Why is it important to you to uphold or stay true to this value/belief/behavior, etc.?

What obstacles do you need to move so that you can protect this at all costs?

Optimism



Attitude

Negative attitude

- Increases stress level
- Weakened immune system
- Diminished mental processing
- Muddled thinking
- Decreased problem solving capabilities

Positive attitude

- Better health
- Longer life
- Emotional resiliency
- Likeable
- Happier
- Create more opportunity

Increase Your Optimism

1. Be aware
2. Change your language
3. Look for learning opportunities

Personal Reflection

Think of a time when you were faced with a difficult situation or significant setback.

What was your initial response? Did you focus on the negative or positive aspects of the situation?

How much time did it take for you to work through this situation?

Are you carrying anything from this experience? What can you learn or let go of?



Leadership Legacy Statement

Declaration of how you'd like to live your life and impact others. The objective of a Leadership Legacy Statement is to clearly state your principles, how you intend to treat others, how you plan to care for your spiritual needs, and how you will share your leadership legacy.

In the space below, capture some of your thoughts on the topics you feel are important pieces of your personal legacy statement. Feel free to use the topics provided or develop your own. Use these reflections to draft your statement later.

Family Role

Work Role

Social/Community Role

Beliefs

Principles

Values

Emotional

Physical/Health

Mental

Spiritual

Other:

Other:

Leadership Action Plan



Leadership Ranking

Rank the leadership topics from 1 to 7 in order of what you feel you need to focus on the most (1) to what you need to focus on the least (7).

- [] integrity
- [] vision
- [] awareness
- [] courage
- [] resolve
- [] optimism
- [] legacy
- [] Leadership

For the item you ranked 7 (need to focus on the least), what have you done recently to address and/or master this topic?

For the item you ranked 1 (need to focus on the most), why do you need to focus on this?

For the middle-ranked items, what can you do to make these a greater focus? What do you already do well as it relates to these topics? Which will you focus on next once you've tackled the top focus?

Leadership Action Plan



Leadership Call-to-Action

Leadership Focus

Item you ranked #1 on the previous page

Action(s) I Will Take

At least one thing you will do to immediately address this

Completion Date

When will you complete the action(s) by?

Success Metrics

What will it look like when you are successful in this action?

Accountability Partner

Who is one person that can hold you accountable for this commitment?
